

# When Your Child Is Diagnosed with DIABETES: PARENTS' QUESTIONS for the Health Care Team

Parents of children with diabetes often have concerns about the disease, its impact on their family, and how to keep their children safe and healthy. Use these questions to talk with your child's health care team and learn about your child's diabetes care needs... at diagnosis and later on as well.

## **What are the different types of diabetes?**

- Which type of diabetes does our child have?
- Will it ever go away?
- Will my child with type 1 diabetes always have to take insulin?



## **What are my child's treatment goals?**

- How can we help our child meet these goals?
- How often will our child need to visit you each year?

## **Who should be part of my child's health care team and what role does each team member play in the care of my child?**

- How do we contact them?
- What are their hours?

## **How can we work together as a family to help our child?**

- How can we help our child check blood glucose, take insulin, eat healthy foods, be more active, and learn about diabetes?
- Who can help us work together as a family?

## **What emotional issues might our child and family face?**

- Will diabetes affect the way our child behaves?
- When do we start letting our child manage his/her own diabetes care?
- Who can help us cope with these issues?



For the **ANSWERS** to these questions, and more information visit  
<http://ndep.nih.gov/teens/ParentsQuestions.aspx>

**Should we tell friends and family about our child's diabetes?**

**Who can help us if we don't have medical insurance?**

**What resources are there to help our child in school?**

**What does this mean for other members of our family?**

- Does it mean our other children will get diabetes too?
- What about other family members?

**What research is going on?**



## **Additional Resources for Parents and Children**

**National Diabetes Education Program**  
www.YourDiabetesInfo.org or 1-800-438-5383

**Children with Diabetes**  
www.childrenwithdiabetes.com

**Juvenile Diabetes Research Foundation International**  
www.jdrf.org or 1-800-223-1138

**Weight Control Information Network (WIN)**  
www.win.niddk.nih.gov or 1-877-946-4627  
A program to provide up-to-date, science-based information on weight control, obesity, physical activity, and related nutritional issues.

**American Diabetes Association**  
www.diabetes.org or 1-800-DIABETES (1-800-342-2383)

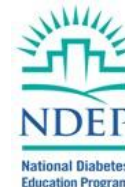
**Joslin Diabetes Center (JDC)**  
www.joslin.org or 1-800-JOSLIN (1-800-567-5461)

**We Can! (Ways to Enhance Children's Activity & Nutrition)**  
http://wecan.nhlbi.nih.gov or 1-866-35-WECAN (1-866-359-3226)  
A national movement designed to give parents, caregivers, and communities a way to help children stay at a healthy weight.

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Reviewed by Janet Silverstein, M.D., Professor, Department of Pediatrics, University of Florida and Barbara Linder, M.D., Program Director, Clinical Endocrinology and Diabetes Complications Program, the National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health



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